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Entertainment 11

Monday, February 21, 2005

Conestoga College, Kitchener

36th Year — No. 7

Falconer re-elected as CSI prez

By RYAN CONNELL

Justin Falconer will continue as president of Conestoga Students Inc. (CSI), returning for his third term as president.

CSI's board members chose a president for the May 2005 to April 2006 term in a closed meeting on Feb. 15.

Falconer said the message he wanted to convey in his speech to the board members during the meeting was that he "got stuff done."

"Three years ago it wasn't that flashy, where it was a lot of internal reworking, education and development," Falconer said. "This year's been focused on partnerships, proving that we're credible and creating a foundation that we can build on ... I'm not CSA (College Student Alliance) president anymore so student engagements, involvement and awareness will be my No. 1 job (next year)."

The other candidate running for the position was Jessica Wismer, a CSI board member and a third-year marketing student.

Unlike previous years, the meeting, where candidates presented their platform speeches to board members, was not open to the public.

Falconer said this enabled the candidates to be more honest about their thoughts and opinions on issues of a sensitive nature.

"At the end of the day, (the students) are not as concerned about all of my promises as they are concerned about what I'm actually going to get done," Falconer said.

Wismer said although she is disappointed that she didn't win, she thinks Falconer will do a good job in his role.

"I think Justin will do a good job — it's a different job that I would do but we both have different methods," Wismer said. "I think that both methods are good but they're just different."

Wismer said her platform concentrated on creating a program to help students with the transition from high school to college, continually improving the college to maintain student satisfaction, helping students find jobs once they graduate, as well as continuing with the ongoing work that Falconer was already doing.

Wismer said the fact that the meeting wasn't open to the public didn't change her speech to the board members.

"It didn't really bother me either way. It doesn't change how I give my speech," Wismer said.

Each candidate was given 15 minutes to speak, and then participated in a one-hour question period. The six board of directors, excluding Wismer, the vice-president, past-president and the alumni representative, were the only members eligible to vote for president.

Past-president Jon Olinski declared a conflict of interest, making himself ineligible to vote because he resides with Falconer.

"I didn't feel like I could make an unbiased decision on his abilities which is one of the most important things when voting," Olinski said.

CSI wouldn't release the final vote tally, but did say it wasn't a tie.

Changes for student night owls

By KATE BATTLER

Students who like to stay after hours may have noticed a change in the way security operates.

A student used to need just a pass signed by their program co-ordinator or a faculty member to stay in a lab after the school closed at 11 p.m.

Now there is a new system being put in place.

Each day a teacher or program co-ordinator will need to send a list of those allowed to stay to the security office. It can be sent by e-mail or hand delivered.

Rob Brown, head of security, said the reason for the new system is to keep security better informed

on how many people are in the building on any given night and where they are.

"If there's an emergency, we need to make sure we know where every last student is."

Brown also said he is concerned about the security of the building and those in it.

There have been a few difficulties getting the new system in place but most have been ironed out and everything is starting to run smoothly now.

For any students planning on coming back at night to do work, plan ahead and make sure that your name is on a list at the security office.



(Photo by Kate Battler)

Practice makes perfect

During an accident scenario set up on campus, a pre-service firefighter student attends to one of the crash victims, Feb. 10. The accident scenario was set up by the LASA, paramedic and firefighter programs. See pages 8 and 9 for more photos and additional story.

One man burned, three others injured in accident at Conestoga College

On Feb. 10 an accident scenario took place on campus. The following story is written as if that accident was real.

By DAWN HASSON

A two-vehicle accident occurred behind the recreation centre Feb. 10 injuring three people.

A pedestrian walking in the area was also injured, after he jumped to avoid being hit, spilling the contents of a package he was carrying, which burnt his hands.

Frank Murphy, a college maintenance worker, was carrying an unmarked package with a note on it to take it to the wood shop. He said he dove out of the way of a red car and spilled the contents of the box. A green pickup truck swerved to avoid a collision.

Murphy said he tried to clean up the spilled contents and burnt his hands.

"It was excruciating," said Murphy. "I won't be carrying any more packages. There should be better training than this."

He is in stable condition in hospital.

The chemical in the box was chromic acid, and the fire department arrived on the scene to contain and dispose of it.

Tom Berscht, a ministry of environment inspector, was at the scene to make sure the chemical was disposed of and handled properly.

"It can cause severe burns and reacts highly to skin and eyes," said Berscht.

It is still unclear what caused the two-vehicle accident.

Kyle Dietrich, a Conestoga College marketing student, was driving a red Ford Escort and suffered a bump on the head.

"I was driving into the school past the recreation centre when I lost control of the car. I saw a vehicle and then I was next to the recreation centre," Dietrich said.

He had one passenger, Conestoga College marketing student John Meyer, who was unconscious at the scene. He was taken to hospital. After being diagnosed with minor head injuries, Meyer talked to the media.

"He (Dietrich) was driving and text messaging when he lost control," he said.

One of the two witnesses at the scene also said Dietrich may have been using a text message service at the time of the accident.

"He had his head down, was playing on his cellphone, and he hit the curb. He came into the receiving area and hit the pedestrian (Murphy) and ran over the package," said Colleen Callaghan, a law and security administration student at Conestoga College.

"The green truck swerved and went into the receiving area, but there was no hit," said Callaghan, meaning she did not see the two vehicles collide with each other. She said she called the police after the accident happened.

Markus Michelucci, a contractor for snow removal and salting at the college, was driving the green pickup truck.



(Photo by Kate Battler)

Rebecca Klepp takes notes at the scene during the accident scenario, Feb. 10.

"I was coming from Lot 12 removing snow. I drove past the stop sign and blacked out. I woke up in the truck," said Michelucci, who also said he doesn't know whether he hit the pedestrian. He came back to consciousness at the scene.

He suffered a broken leg, a neck injury, a head injury and a gash on his face.

Police, paramedics, the fire department and workers from the ministry of environment were at the scene.

Police are continuing the investigation.

Now deep thoughts ...with Conestoga College

Random questions answered by random students

What is your worst/best/weirdest spring break experience?



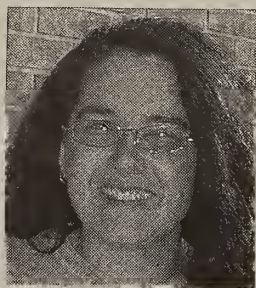
"I came back from California and within 24 hours I had moved to an island in Michigan where I didn't know anybody and had to stay in an apartment with 12 other girls. We all had to share one bathroom with no heat."
Rachael Speirs,
first-year human services foundations

"Going topless in Florida."
Christine Coles,
first-year human services foundations



"Last year we went camping at Six Mile Lake. It was good times. We had a trailer but it was definitely cold. We didn't do much swimming but it was definitely worth the experience."
Andy Borris,
first-year general business

"I made the conscious decision to write an exam during spring break."
CoreyAnne Cormier,
second-year materials and operations management



"I broke my hip tobogganing. It was awesome."
Scott Eastbrook,
first-year accounting

"I can't remember because I was drunk at the time."
Nathaniel Groendyk,
second-year telecommunications



"I went to this party — it was a week-long. I got really drunk."
Mat Mayotte,
first-year human services foundations

Smile Conestoga, you could be our next respondent!

New program for women

By JENNIFER ORMSTON

Conestoga College will offer a women-only, specially funded information technology (IT) program beginning on March 28.

"We are targeting women who are unemployed, underemployed or those interested in entering or re-entering the workforce," said Connie Boyd, a program co-ordinator for the IT program.

This program prepares women for entry-level IT positions in a sector that has traditionally been male dominated.

Applicants in the technical, instructor-led program can expect to start with the fundamentals of computers, like Windows, Word and Excel, and then move into more advanced topics, like supporting computer hardware and

networking, said Boyd.

Upon completion of this program, the students will have the skills to be employed in the IT field, in positions including helpdesk support agents and other IT entry-level positions in any organization.

The 42-week program, which includes a 10-week work placement, is being held in partnership with the Ontario Women's Directorate (OWD), a group that provides focus for government action on issues of concern to women, including the prevention of violence against women and the promotion of women's economic independence, according to the group's website at www.gov.on.ca/citizenship/owd/.

Some women may qualify for funding through the OWD, depending on their family's gross

income for the previous year.

However, since the OWD covers only tuition costs, the student must be receiving income from another source, said Boyd.

"The OWD is the funder of last resort, so if a woman is unable to find funding anywhere else, then they will look at the situation."

Many of the applicants are receiving Ontario Works, a source of temporary financial assistance; the OWD allows recipients of tuition funding to receive other benefits as well.

"It is really an opportunity for women to get some education without going further into debt."

Otherwise, the cost of tuition is \$10,095, since the government does not fund the program.

For more information contact Boyd at 748-5220, ext. 3628.



(Photo by Ryan Connell)

Love is in bloom

Monica Himmelman, Conestoga's development and alumni relations officer, sells carnations for the alumni association outside Door 2 on Valentine's Day.

Women honouring women

Dinner to be held March 15 in celebration of
International Women's Day

By JENNIFER ORMSTON

The Women's Resource Group is hosting a dinner in honour of International Women's Day on March 15 at Conestoga College's Waterloo campus dining room.

The event, which is always a sell-out, provides an opportunity for women to network, meet colleagues and celebrate women's accomplishments, said Monica Himmelman, the college's development and alumni relations officer.

"It's just a lovely women's night out."

Attendees will enjoy a five-course gourmet meal prepared by students in the food and beverage management program and be entertained by a guest speaker, Marie Adam, who will recount tales from her journey to Everest Base Camp and up Mount Everest.

"I thought it would be neat to have a woman who has had an

exciting and courageous adventure come to talk to us," said Joan Magazine, a counsellor with Student Services and a woman Himmelman describes as the "spearhead" of this annual event.

"I'm very concerned about the continued violence in our society and the fact that women often are the targets of that."

Joan Magazine,

Student Services counsellor

"I think it will be good entertainment."

In the past, the dinner has primarily been attended by Conestoga staff, although everyone, including students, is welcome.

"I don't think we've ever had a

man come though," said Himmelman.

International Women's Day, held on March 8, is a time when women's groups around the world hold events commemorating the centuries-old struggle of women to achieve societal equality with men, according to www.un.org/ecosoc ev.

Magazine said she was inspired to become involved with the Women's Resource Group because of her interest in women's issues and equality.

"I'm very concerned about the continued violence in our society and the fact women often are the targets of that."

Only 60 tickets, costing \$25 each, are available for the dinner.

For more information about the event, contact Magazine at 748-5220, ext. 3749. To purchase tickets, call Himmelman at 748-5220, ext. 3459.

Drinking alcohol while pregnant is dangerous Warning signs must be posted

By DENISE MULLER

Consumer and Business Minister Jim Watson announced Feb. 4 that licensed premises, beer stores and liquor stores must post signs warning women of the dangers of drinking during pregnancy.

The regulation revised by the Ontario government under the Liquor Licence Act is effective immediately, although licensed premises have one month to display the signs before being issued a fine.

Fines for not displaying the signs is upwards of \$250,000.

The signs will read, "Warning: Drinking alcohol during pregnancy can cause birth defects and brain damage to your baby."

According to the Toronto Star, MPP Ernie Parsons introduced the amendment, known as Sandy's Law, last year after Parsons' adopted son Sandy died at the age of 25 of a brain aneurysm caused by Fetal Alcohol Spectrum Disorder (FASD).

Parsons told the Star, "In Canada, it is estimated that at least one out of every 100 babies is born with FASD."

That's about 3,000 Canadian children each year.

As of Feb. 1, restaurants and bars licensed to sell alcohol (wine, beer and spirits), LCBO stores, other stores authorized to sell alcohol (such as The Beer Store), alcohol



(Photo by Denise Muller)

East Side Mario's promotions manager Ryan MacTavish says it is easy to post the warning signs.

manufacturer's stores and licensed brew-on-premise facilities must display the warning signs.

The promotions manager at East Side Mario's at 450 King St. N., in Waterloo, said the signs were introduced to the restaurant's staff at a meeting last week. One sign is already up in the store, but there are still more to come.

"When they were first introduced, we thought it was a pretty

interesting concept," said Ryan MacTavish, 28.

"It's a tad bit intrusive, I guess, because I believe most women understand (the effects of drinking on a fetus).

"It's like telling someone they shouldn't be smoking," he said.

According to the regulation, restaurants and bars must have a warning sign near ever liquor licence on the premises.

MacTavish said although there already is one sign up at the bar, the restaurant has ordered several more because there are a few more areas that need to be covered.

He said it's easy to post the signs but thinks that overall, most people are informed.

"I think people have common sense nowadays," he said. "Most people understand it's a risk and causes damage to the fetus."

Vendors coming to Conestoga

By JEN GALHARDO

Students and faculty at Conestoga College will be able to go shopping in the Sanctuary from Feb. 22 to the 24. Conestoga Students Inc. (CSI) will be hosting the vendor's marketplace from approximately 9 a.m. until 4 p.m.

The annual event is to get vendors from the area to come in and promote their product or service to the students and faculty.

Denise Payler, the CSI general manager's assistant, said this year there will be four or five vendors, including Microplay and Exclusively Women's Fitness. Payler said accessories and bag vendors will also be attending.

According to Payler, there haven't been any problems in previous years other than vendors not being able to stay for the full three days and as a result, the number of vendors is down this year.

CSI is thinking about shortening the time of the vendor's marketplace in the future.

Payler said she would still like to see a lot of students come to the Sanctuary and see what the vendors have to offer.

"We would like to see a good turnout."



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Let's leave business behind and get back to hockey

It's no longer the good old hockey game. It's just a business. NHL commissioner Gary Bettman officially called off the entire NHL season on Feb. 16.

For the past several months, sports coverage almost every day included the latest update on how there had been no progress in discussions between the players' union and the league.

In the end, a \$6.5-million US per team difference stood between the two sides. The NHL offered a final deal which included a \$42.5-million per team salary cap, while the NHLPA demanded a \$49-million figure.

The cancelling of the 2004-2005 hockey season is the first time in professional sports history in North America an entire season has been cancelled over a labour dispute.

The lockout began as the NHL and the National Hockey League Players Association (NHLPA) argued over the implementation of a salary cap. The NHL wanted a salary cap to ensure future financial stability.

The NHLPA refused the cap. They were willing to discuss a luxury-tax system, in which teams would be penalized a certain rate if their payrolls exceeded a determined amount.

This stalemate means 1,230 scheduled hockey games will not be played. The Stanley Cup will also not be awarded for the first time since a Spanish flu epidemic cancelled the 1919 finals.

Both the NHL and the NHLPA have forgotten one fact during their many discussions: hockey is just a game.

The players should be setting examples for today's youth, playing hockey for the love of the game, not a fat paycheck for smashing somebody's face into Plexiglas and chasing a black piece of rubber.

Sports were not created to become money makers or become huge, international corporations, ruthlessly competing against each other and others.

Teams are meant to instil values in youth such as co-operation, as well as physical activity and skills.

It is fair players should receive compensation for the level of skill they bring to a professional hockey game, but when the dollar amount is reaching the multimillions, and the greed of players, as well as the commission organizing the sport, is preventing the game from being played, there is clearly something wrong.

Hockey fans should realize something from all of this. They should be noticing the NHL no longer provides hockey as it was meant to be played.

People are finding replacements for the NHL, such as local games and other sports where players and management haven't forgotten what the game is all about.

We no longer need the NHL and what it stands for. Fans want hockey.

It's time for business to come to an end, and for everyone to get back to the game as it's meant to be played.

LETTER TO THE EDITOR

On behalf of the students, faculty and staff of the law and security administration programs, I wish to extend our sincere thanks to all of the community organizations and agencies that donated equipment and personnel to the consolidation exercises 2005.

Don Douglas
Co-ordinator



Jay considers making a cash donation next year

What's so great about the stars?

Are Brad and Jen over for good? Was Matthew Perry hospitalized simply because of a bad reaction to prescription drugs, or is he returning to his old addictions? Is Britney Spears treading through troubled waters only five months into her new marriage? Could Elizabeth Taylor and Jay Leno have information on the Michael Jackson case?

These stories have been making top headlines in the news lately, and there's really only one thing I'm curious about: Why?

In the midst of flashing cameras, red carpets and awards shows, you will find the world's top celebrities. Not far behind these familiar faces you will find the watchful eyes of journalists who thrive on their every action and pounce on any leads that might break the next big story.

I'll give celebrities credit for their hard work, and I'll also credit their managers, stylists, personal assistants and everyone else who live to make the most of Hollywood's finest. However, no matter how good the acting and singing may be, the whole celebrity phenomenon leaves me shaking my head in wonder.

I don't mind important celebrity



KRISTEN
MCMURPHY

Opinion

news, but there's a difference between being interested in knowing about a new movie coming out and knowing what Jennifer Lopez had to eat in a New York restaurant on her most recent visit to the city.

These people don't care about what we ate, who we're dating or what scandal we've been caught in lately. So why do we care about what's going on with them? Why is news like this being published, and why are people reading it?

That brings me to the other side of the topic, which is what people are reading about.

Real news is happening everywhere.

In the Philippines, a battle rages against Muslim rebels who are being supported by many of the island's inhabitants; To the east, China is encouraging North Korea to get its nuclear weapons program underway as soon as possible; Haiti, the first black-led republic in the world, is not only

dealing with its collapsing infrastructure, but is also battling an extremely high rate of drug trafficking that is taking a major toll on both the judicial system and the police force in the country.

And Sarah Jessica Parker is working on her new fragrance line.

I'm certain that most people are aware of magazines and television shows that focus on the lives of the rich and famous.

There are people out there who have only one specific job, which is to invade the lives of celebrities and find out where they shop, how much their houses cost them, and how much they paid for a bottle of wine on an evening out. There are websites with postings of celebrity phone numbers and addresses. It's easy to find extensive lists of places where average Joes like us can go in hopes of catching just one tiny glimpse of our favourite star.

Maybe some day I'll head to Hollywood and wander the streets with my camera and notepad and I'll be on top of the celebrity news thing. But for now, considering the fact that there's a lot more going on in the world than the latest celebrity gossip, I think I'll look elsewhere for my news.



Letters are welcome

Spoke welcomes letters to the editor. Letters should be signed and include the name and telephone number of the writer. Writers will be contacted for verification.

No unsigned letters will be published.

Letters should be no longer than 500 words.

Spoke reserves the right to edit any letter for publication.

Address correspondence to:

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Is the 'voice of the students' truly our voice?

You would think with all the secrecy that Conestoga Students Inc. (CSI) is trying to maintain within their board, that the president of a huge corporation was just elected rather than the president of our student association.

The incumbent president Justin Falconer was re-elected to his third term during a closed door meeting on Feb. 15. Students and the press were unable to sit in on the meeting to hear the candidates' proposals about what they would do if they were to be elected for the 2005-2006 academic year.

What do the candidates have to say to board members that he or she cannot say to the students that they represent?

In a democratic state, citizens or, in this case the student body, has the right to know the platforms of the candidates. They have the right to know what candidates' ideas are for the future of our college and what their plans are to assist in the growth of student development.

Millions of people have died fighting for democratic rights. This includes thousands in Iraq, which just held its first democratic election. And yet, within our own college community, our student association goes into a closed door meeting because members don't want their ideas and opinions to reach the students.

CSI is trying to model their association after a corporation. However, a student association is very different from a corporation



Ryan Connell

Opinion

because the students are paying them to do their job. If it's the students that are funding the association and paying members' salaries, doesn't that essentially give them the right to know the goings-on, including the thoughts and ideas of candidates running for election?

Although the students don't have a vote in the election, which is restricted to CSI board members, CSI should still be striving for an open format if they expect full involvement from students to enhance the college community.

When you go into a closed session, it conveys the message that there's something you're trying to hide.

Students need to be better informed about their college and their student association and not just through the press.

CSI should be open with the students, whether it's about candidates' election platforms or the exact location of where they might like to put a student centre at the Doon campus. They should be telling them that they have plans for next year and what their plans are.

CSI says they are the voice of the students. The students want to hear what their "voice" is saying.

Take a stand for yourself and others

It's definitely hard to take a stand when you're only one person, right?

Wrong.

It's an excuse that many people use at some point in time, or at least hear about several times in a lifetime.

I know, I have used it too. How can I change anything? Who will listen to me?

In the past few weeks, I've heard numerous people, either on the bus, around school, or wherever, talking about how sick they are of hearing about the state of the tsunami-stricken lands overseas.

Many like to say they've done their part by dropping a few coins into a donation box at a local coffee shop and then turn around the next day and complain that the issue is still in the news.

Then, to bounce back, they'll mention the AIDS pandemic in Africa and say that we should be worrying about that disaster too.

Well, yes, we should be doing that, but not using it as an excuse as to why the tsunami disaster is no longer a big deal.

I can bet that some have already forgotten about hurricane Ivan. What, you might ask. You know, the horrendous winds that swept away families' homes in Florida and such.

How about the children who have lost limbs from explosions in minefields long after the World Wars? Or are they of no concern anymore because it hasn't happened in a while?

Throughout the month of January,



Melissa Hancock

Opinion

there were nine forest fires in New Jersey. Do residents need any help?

In December, there was a huge oil spill in Alaska that killed 1,600 birds, including some bald eagles. About 1.2 million litres of oil was spilled, which is enough to fill more than two Olympic-sized swimming pools.

"If your world came crashing down around you, would you not hope for the compassion of others to help you pick up the pieces?"

Residents in Guam are experiencing sickness from volcanic haze that has filled their air. The haze is made up of dirt particles and ash that the wind has carried and gravity has pulled down to street level after the eruption of a volcano on the island of Anathan.

It would most definitely be impossible to assist every single person, or every situation that goes on in this crazy world. I do realize this.

However, that is not to say the issues should be dismissed and forgotten when people think it's had enough time in the spotlight.

We all need help or assistance at some point in life or another. We all look for answers that don't seem to be there, at times.

If your world came crashing down around you, would you not hope for the compassion of others to help you pick up the pieces?

From tsunamis to oil spills to AIDS pandemics, I'd like to think that each can be seen as a disaster of equal worry.

One may need more immediate attention than the other, but not less attention. And surely, they shouldn't be shrugged off as soon as people are tired of hearing about them.

It is reality.

People used to think we were lucky to have the technology we do these days that allows us to keep well informed about world issues, including disasters.

However, now that people can see the reality of life for others around the globe they want to shut it out.

It's like closing your eyes during the scary part of a movie. You can wait to open them and it will all be over.

You may not be able to assist with all the world's disastrous events, but being ignorant or openly expressing how much you don't care only proves how selfish our society really is.

People sometimes forget that although a disastrous or horrific event leaves the headlines of newspapers, or never makes it there in the first place, the people who are directly affected have to live with the memories for the rest of their lives.

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School of Liberal & Media Studies – Mike Thurnell.....ext. 3223

School of Business – Larry Drew.....ext. 3739

School of Engineering & Information Tech. – Rudy Hofer.....ext. 3271

School of Health & Community Services – Elizabeth McNair....ext.3913

School of Trades & Apprenticeship – Greg White.....ext. 3269

Chair: PD – Edith Torbay.....ext. 3381

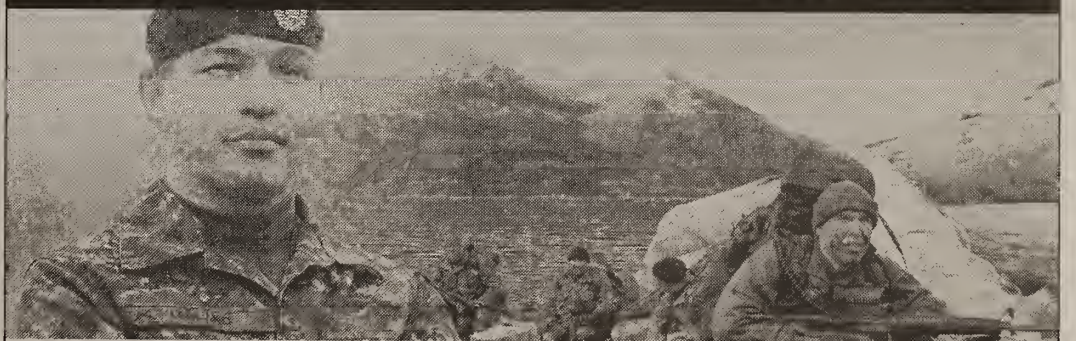
Nominations open on January 31, 2005

Nominations close on March 18, 2005

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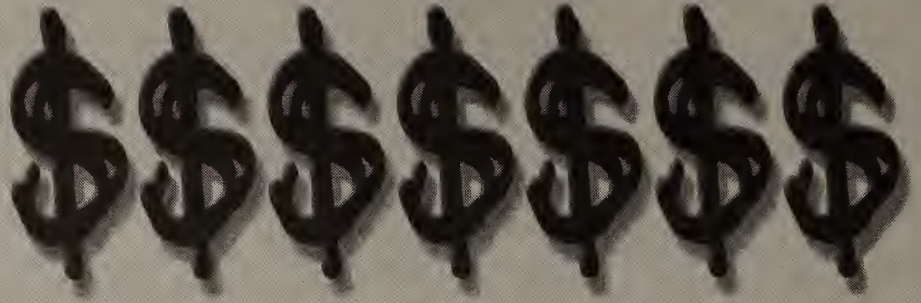
Vendors Market Place
SANCTUARY



Feb. 24

HAPPENING?

Feb. 22



Vendors Market Place

SANCTUARY

Vendors Market Place
SANCTUARY

Feb. 23



Feb. 25

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Fri 8AM-6PM

Sat 10AM-2PM

CONESTOGA
STUDENTS INC

One-of-a-kind clothing store gets in the loop

By MELISSA HANCOCK

The cliché term, what goes around, comes around, has a different sort of meaning for a local entrepreneur.

Owner of Loop Clothing, Alnoor Keshvani, said he uses the term to explain part of what his retail store is all about.

"It's really a new concept," he said.

In the next few weeks, his customers will be able to enter his store in search of an outfit with independent style and leave with just what they were looking for and more.

"Previously enjoyed clothes," he said, will be available at his store for the purpose of designing and crafting an outfit like no other. Customers will be able to pick out the clothes they want to use and get help from an in-store designer to create a new article of clothing that is made right in front of their eyes at the in-house design studio.

His store, located in the Princess Twin Cinema building in Waterloo, is a unique combination of a retail store, lounge and art gallery all in one where customers can have what he called, "an exclusive experience."

The loop, in Loop Clothing, represents the cycle one piece of clothing can go through after being in his store, Keshvani said. It goes in and goes back out with an unmatched quality.

The primary target market for Loop Clothing is people between the ages of 18 and 34, but he said he encourages anyone at any age to visit.

"I want my store to be a comfortable environment, respectable and second to none," Keshvani said. "It's really a flagship store."

Eventually, he said he wants to be able to give clothes away for free and charge people for the experience they'll get when at his store.

"It's a whole new way of doing business," he said. "It's more than just going to the mall."

Other independent "fashion tags" can be found at the store as well.



(Photo by Melissa Hancock)

Owner of Loop Clothing, Alnoor Keshvani, of Waterloo, says his store is a cultural destination and an experience where life meets style.

"You're not a cow. You don't need to be branded."

*Alnoor Keshvani,
owner of Loop Clothing*

Dagg and Stacey, Illmatic and Scribe are just a few of the key lines he carries.

He uses the term fashion tags because he said he doesn't want to "label" anyone as something they're not. He does not use the term, brand, either.

"You're not a cow," he said. "You don't need to be branded."

All artwork displayed are pieces by local artists and the same goes for the music played throughout the

store, he said.

"There is a huge pool of talented artists and musicians (in the area)," he said.

The urban-industrial artwork and assortment of listening pleasures all contribute to the cultural destination Keshvani said he wants his store to be.

One of the biggest challenges he faced when first putting everything into motion was getting a bank on board, he said. Everyone wanted him to have two years of experience being a retail owner before considering giving him a loan. His challenge ended when the Royal Bank of Canada took him under its wing.

He also became the first recipient of a \$10,000 start-up loan from the Canadian Youth Business

Foundation and the Lutherwood community services agency.

However, Keshvani was proud when he said that 80 per cent of the funds for his store came from his own pocket.

After graduating from communications with a minor in marketing at Wilfrid Laurier University, he took on four jobs to help earn money to get things rolling.

While in university, Keshvani decided that he was certain about having his own business and being his own boss.

"I could sit in an office and be somebody else's bitch," he said, "but I don't want to be a corporate whore."

Another challenge he faced was the condition the store was in when

he first bought it. He said, with the help of his family, they "turned a raw and dingy space into a workable place."

If he could do it all over again, Keshvani said he wouldn't change a thing.

"Decisions were made based on what was in front of me at that time," he said. "Those decisions led me to where I am today."

He said he's learned a lot from his parents and has had significant support from them and his brother.

"There's only one thing that will stop you from succeeding," he said, "and that's another human being."

He said 90 per cent of people are genuinely behind the concept of his store and that's what keeps him going.

A month of black celebration

By JASON SONSER

February is a special and important month for many people celebrating their past.

Black History Month, recognized in February each year, is a month of celebration of the achievements of black people.

"(It's celebrated in February) because the people originally associated with it were born in February," said Vincent Smith, who is a member of and resource person for the Caribbean Canadian Association of Waterloo Region.

According to the Caribbean association's Black History Month Celebration 2004's event flyer, the celebration began with Carter G. Woodson, who in 1915 founded the association in order to study Negro life and history in the United States.

In February 1926, Woodson organized the first Negro History Week which became an annual event. The month of February was chosen because Abraham Lincoln and Frederick Douglas were both born in that month, and in the mid-1990s the Canadian Parliament

proclaimed Black History Month in Canada.

Lincoln signed the Emancipation Proclamation, thus freeing the slaves in 1863, and Fredrick Douglas was a champion of human rights.

Smith said there are a number of things going on during the month in the K-W area.

He said on Feb. 26, Prof. Clifford Black will be speaking in the rotunda of Kitchener City Hall about the history of Africans in Canada from 6-10 p.m.

Smith said on Feb. 26 there will be a black history youth event called Legacy 2005 at Waterloo Collegiate Institute (WCI) at 7 p.m.

On Feb. 27, Dr. Carol Duncan will be at Kitchener City Hall's Conestoga Room to talk about the depiction of minorities in the media. This event is being sponsored by the Congress of Black Women.

Smith said WCI is holding an anti-racism assembly on March 30 at 8:30 and 9:40 p.m. which teenagers may be interested in.

On Feb. 27 at the British Methodist Episcopal Church in

Guelph, there will be a black history church service. Smith said the church was built in 1880 and has historical links to the Underground Railroad.

"It was one of the ends of the Underground Railroad, and there were far more black people living in the area geographically," he said.

Smith, who taught English at Cameron Heights for 21 years and at Eastwood Collegiate for six years, said he feels the education system has failed today's youth in terms of black history.

"The curriculum itself tends to exclude African-Canadians," he said.

Smith said he felt marginalized about the education system's curriculum excluding African Americans.

"As an educator, I have concerns for the majority of students, because it means they lack information," he said.

He added Black History Month has been received well by residents in the past.

"It certainly allows the area to share in the contributions of African Canadians," he said.



(Photo by Jen Galhardo)

A tight situation

David Baul, a second-year woodworking apprenticeship student, concentrates while clamping wood in the woodworking building on Feb. 11.

Two-vehicle accident and chemical

By JENNIFER HOWDEN

The law and security administration (LASA), paramedic and pre-service firefighter programs teamed up to act out a real-life emergency scenario on Feb. 10.

The scenario, which involved a two-vehicle accident where three people were injured and a pedestrian who spilled an unidentified substance, is designed to allow students to put their theoretical knowledge to the test.

"The situation is as real as we can make it," LASA co-ordinator Don Douglas said, referring to the use of real emergency vehicles and fake blood. "The whole exercise is built around a problem where students need to bring all their knowledge and skills together to solve it."

After drawing from a hat, the students were each given a role to play such as the victim yelling in agony, the emergency crew assessing the dangerous conditions and the witness ignoring the press, which was played by journalism students. During the scenario each student had to stay in character and act as if the situation was real.

Although chaotic at times, the whole scenario went fairly smoothly. There was an initial problem with the radio when college security tried to get dispatch to contact emergency response but, according to Douglas, the students handled it well.

"Reality is never smooth. If you go out in the real world and your cruiser doesn't start or your way of communication breaks down you have a problem. The important thing is the students found a way to solve the problem and get the job done," he said.

The scenario is mandatory in the LASA program and after a mock provincial offences trial at the Kitchener courthouse later this year, a total of 65 LASA students will have played a part in the exercise.

The students weren't the only ones involved in the scenario. There were many volunteers who helped make the scenario as real as possible and helped the students stay focused.

A Ministry of Labour representative was on hand showing students what should be done if an employee is hurt on the job. One of the victims was a Conestoga employee and the Ministry of Labour had to make sure the employee was working under proper conditions.

A Ministry of the Attorney General official was in attendance



(Photo by Kate Battler)

Pre-service firefighters Jeremy Young, David Vaux and Chris Pate assist a paramedic student with patient extrication at the accident scenario on Feb. 10. Mark Michelucci plays the victim who suffered a broken leg, a neck injury, a head injury and a gash on his face.

as well, helping students who were playing prosecutors and police. After all the evidence is collected the students will take the situation to the mock trial.

A Ministry of Environment official was at the scene to show students what to do when an unidentified substance is present.

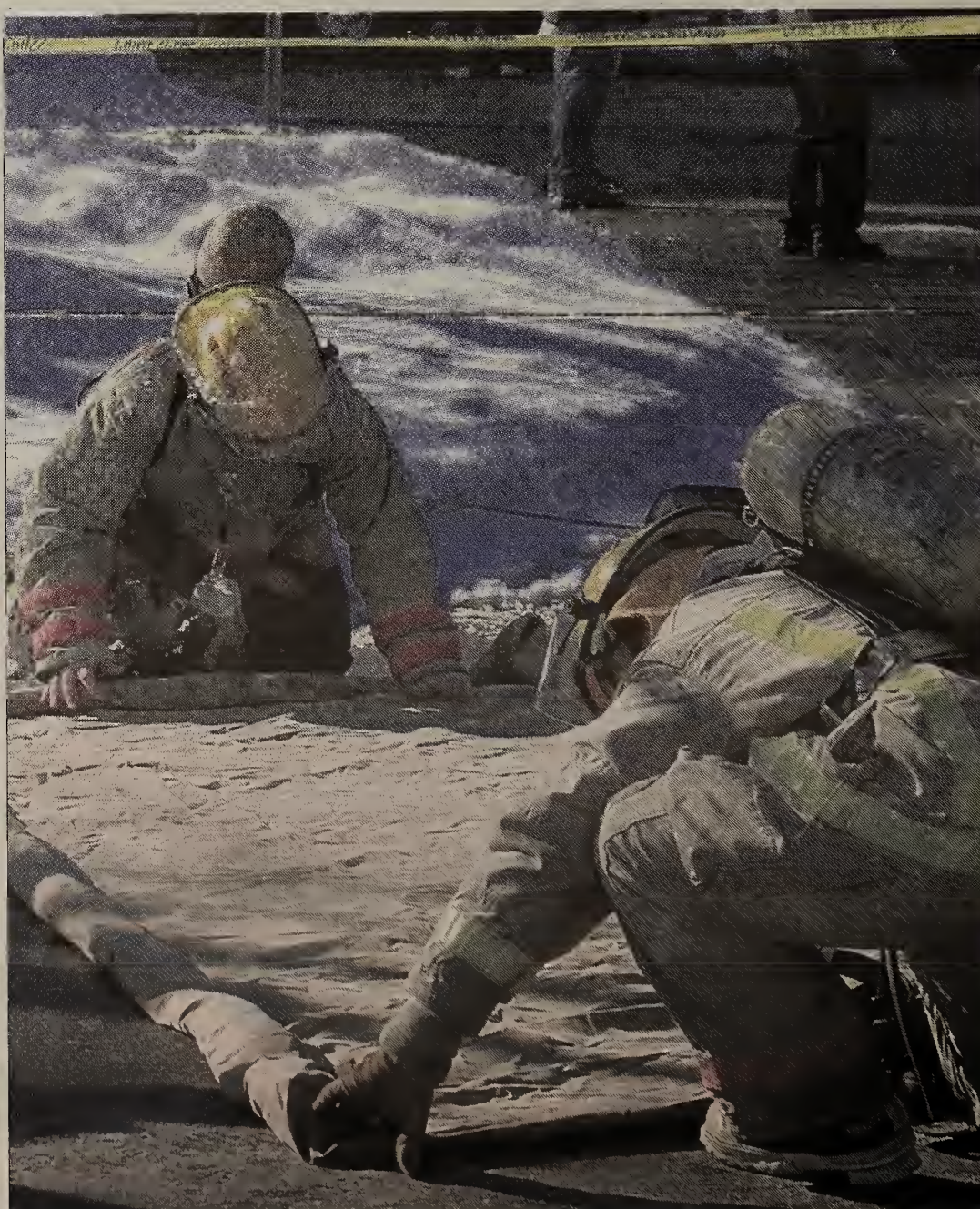
Representatives from the Waterloo police, Guelph police, Kitchener fire department and Conestoga security were also on hand, to help students.

This is the fourth year the scenario, which changes every year, has been acted out by the programs.

"All the programs saw the benefit of the scenario and how it created a situation where students begin to put all of their knowledge into practice and that's why we all participate," Douglas said.

LASA student Colleen Callaghan said the scenario went well even though students were nervous.

"We all did what we had to do. We ignored our nerves and got the job done."



(Photo by Jennifer Howden)



(Photo by Kate Battler)

Kyle Dietrich plays a victim who is helped out of his car by paramedics and firefighters. Dietrich suffered a bump on the head.

Chris Pate (top) and Chris Witt form a catch basin to stop contaminated water from getting into the environment at the accident scenario on Feb. 10.

hazard all part of emergency scenario

Clockwise from right:

A paramedic student transports a victim away from the accident and to the hospital for medical treatment.

Mark Michelucci plays a victim covered in blood due to a head injury. He waits in his truck for an emergency crew to arrive.

Ildo Silveira plays a victim who is lying on the ground in agony because his hands are being burned by the chemical that he spilled while jumping out of the way of the cars.

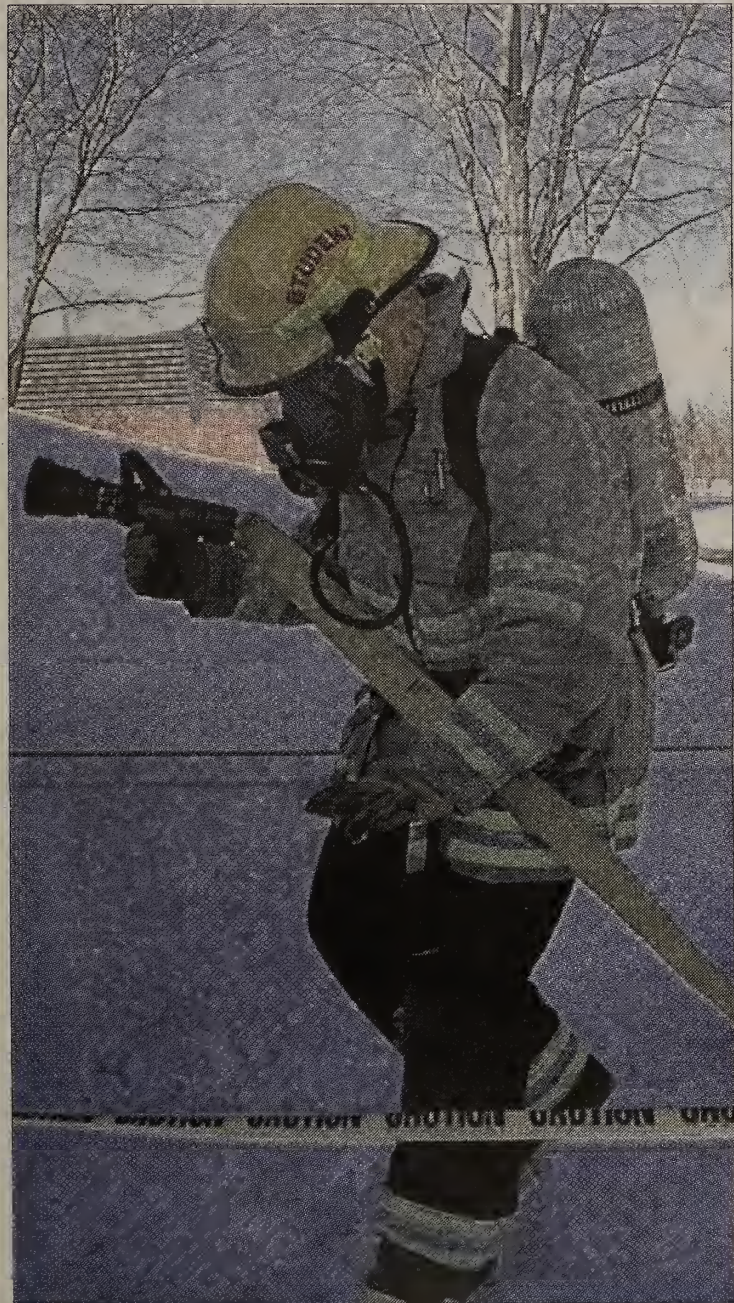
Cory Kaczmarek stretches a line to prepare to extinguish a car fire.



(Photo by Jennifer Howden)



(Photo by Kate Battler)



(Photo by Kate Battler)



(Photo by Kate Battler)

Facing fears on horseback

Janet Morris doesn't let a childhood accident stop her from getting back in the saddle again

By JANET MORRIS

"Get up Admiral."

Three words I couldn't imagine myself saying until I was introduced to a tall dark stranger on Valentine's weekend.

He was almost the same age as I am, 23, mild tempered and very gentle.

He was very muscular with big brown eyes you could get lost in and was curious to meet me as well.

Admiral had a roan red coat, with a top layer of reddish-chestnut brown hair and a sprinkle of white and grey underneath.

This would be the second ride of my lifetime after falling off when I was a little girl of 11.

More than 10 years later it was time to face my fears.

In the sunshine, clear blue skies and crisp winter air, I arrived at Conestogo River Horseback Adventures located east on 535 Northfield Dr. headed from Waterloo towards Conestogo.

After signing in at the office and completing a waiver form I was directed to head over to the horses and familiarize myself with them.

I was apprehensive but excited as I walked towards them as they were being dressed in blankets, saddles and bridals by staff.

I was determined to get back on, try again and show myself I could do it.

Admiral was the first horse I met that day walking into the paddock.

He was the second largest horse



(Photo by Paige Hilton)

Janet Morris, a second-year journalism student overcoming a fear of horseback riding, gets acquainted with Abbey (left) and Rosie at Conestogo River Horseback Adventures.

in the group and I felt very fragile standing beside him.

I raised my hand to touch his mane when he turned to look at me with those enormous eyes and long face.

He had to sniff my hand before I could touch him which seemed natural; introductions should come first.

Admiral had dark prominent facial features, a dark brown wiry mane, soft ears and nostrils surrounded by contrasting red hair.

He wore stockings around his front ankles because, I was told, he was prone to soreness.

I walked around Admiral to meet all of the other horses in our party.

There were eight all together, two for the guides and the remaining six for guests.

More horses stood in the adjacent stable area watching all the commotion.

All had their own personalities and characteristics but I was partial to Admiral so I was glad when I was paired with him for our one-hour ride that day.

One of the owners of Conestogo River Horseback Adventures further acquainted me with the mechanics of mounting Admiral.

"Put your foot in the stirrup and hold on tight to the reins and mane," Tatyanna Van Lenthe said. "Then just hop, hop and jump, swing your leg up and you're on."

A great big tree stump was available in case anyone needed a boost in getting on; I decided to go up from the ground.

I gave myself a count of three and

up I went into the western saddle and on top of a horse once again.

It sure looked like a long way down and I felt sort of odd being on top of this huge animal, kind of ridiculous even.

People have been riding for years so maybe it isn't so strange.

To steer the horse I was to pull left on the reins to turn left and right to turn right. "Get up" meant move forward and "Whoa" meant stop.

Lean forward when you are going up a hill and lean back when going down.

This is all the instruction we needed and we were off.

In the early morning a fresh covering of snow blanketed the fields and trees. The sun cast shadows through the pine and maple trees while small birds chirped and played amongst the fences along our path.

The air was so clean and invigorating like I was getting back to nature and enjoying winter for the first time all year.

It was about 4 C outside, so I was glad that I took heed of the instructions provided on the farm's website (www.horsebackadventures.ca) to dress warmly.

Admiral was familiar with the trail laid out before us so there was very little direction needed to keep him on course.

There was a danger of the horses slipping on ice underneath the snow so our guide was careful to lead us around those slick patches for our safety.

Admiral liked to bend his head down and nibble at the snow and dried grasses as we walked calmly along.

The scene and mood was tranquil so there was hardly any chatting amongst riders except for the odd "Get up" and "Whoa." Everyone seemed to be comfort-

able and relaxed.

Admiral was very docile and good-natured; his manners rubbed off on me as I loosened my reins, gave up some control and let him lead the way.

Beginners are matched with horses who are forgiving, patient and gentle; this makes for a better experience.

Admiral was an old pro at the game of taking tours around the 40-acre farm and surrounding farmland. He didn't hesitate to go up or down hills or through snow more than a foot deep at times.

We walked along the trail beside the edge of a steep drop-off that made me slightly uneasy and amplified the feeling of being unnaturally high off the ground.

I was confident that Admiral would be strong and smart enough to not get too close to the edge.

On the way back towards the paddock the pace of all the horses seemed to pick up as all of the riders became more confident and the horses looked forward to being home again.

Riding up to the farm all of the other horses lined up along the fence to say hello to the returning party. We re-entered the paddock and found a spot to tie off and dismount.

I was glad that I had accomplished my goal, and I was delighted to meet and make a new friend in Admiral.

It was well worth my trip out to Conestogo River Horseback Adventures for a trail ride.

Rides begin at \$35 per person for one hour up to \$70 per person for four hours. Wagon and sleigh rides are also available with prices beginning at \$8 per child and \$10 per adult.

It's a good idea to call ahead because reservations are required - 1-519-888-6503.



(Submitted photo)

Janet rides Admiral with confidence. Beginners are paired with more forgiving, patient horses who tend to take it easy on their riders.



PEER SUPPORTED LEARNING GROUPS SCHEDULE WINTER 2005

BUSINESS/ CP/ CPA

Math 2	Leader: Andrea	Thursdays 3:30-4:30	Room 2D16
Accounting 2	Leader: Honorata	Tuesdays 3:30-4:30	Room 2D16

CIVIL ENGINEERING

Math 2 & Mechanics of Materials	Leader: Jessica	Wednesdays 9:30-10:30	Room 3A620
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EET (telecom) & CET

Electronic Devices	Leader: Michael	Tuesdays 2:30-3:30	Room 3A623
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BScN

A&P 2	Leader: Pamela	Mondays 11:30-12:30	Room 1C25
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ECE

Child Development 1	Leader: Kristy	Wednesdays 10:30-11:30	Room 2D16
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GAS HO (**note: Feb 8 - Biology group is cancelled for that week only)

Biology	Leader: Melissa	Tuesdays 12:30-1:30	Room 2E22
Chemistry	Leader: Barry	Mondays 12:30-1:30	Room 1D02

GAS Pre-Technology

Physics & Algebra	Leader: Karsten	Mondays 1:30-2:30	Room 3A618
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GAS Certificate

Essential Math	Leader: Peter	Thursdays 11:30-12:30	Room 3A623
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PRACTICAL NURSING (March 10 - April 28)

A&P 1	Leader: Jessica	Thursdays 1:00-2:00	Room 3E35
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LEARNING GROUPS MEET EACH WEEK AT THE ABOVE MENTIONED TIMES AND PLACES AND END THE WEEK OF APRIL 18/05. GROUPS ARE FREE, AND NO SIGN UP IS REQUIRED.

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The Know How knows ska

By BRENT GERHART

The Know How brought their mix of ska, punk and rock with moog synthesizers called "ska intensity" to southern Ontario as part of a nine-stop Canadian tour.

Promoting their new Stomp Records album, *Now In Technicolor*, the band opened one of ska's current breakthrough artists, Big D and the Kids Table, on the Cross Your Fingers tour, which also included the Vancouver-based Crowned King, who currently have a video on rotation at MuchMusic but were only on six of the tour's first seven dates.

On Feb. 3, The Know How, a seven-piece band from Gainesville, Fla., played their first Canadian concert in more than 16 months, in Guelph, at the sold-out Shadow.

Opening for Big D and the Kids Table, the concert was in front of more than 150 people and The Know How familiarized the crowd with new songs as well as bringing out old favourites.

Then, on Feb. 5, The Know How brought the same intensity to more than 600 people at the sold-out Cathedral in Toronto.

Unfortunately for the independent band, the tour did not start off well. Due to pressing issues they did not receive any copies of the new album for the tour and were forced to delay the Feb. 1 release until Feb. 15.

Despite the problems, Skyler Stone, vocalist for The Know How, said he approves of *Now In Technicolor*.

"Everything is different with the new album," said Stone. "We spent more time and money recording it and everyone in the band is just a better musician now than on the last album."

Jeremy "Finch" Kestenbaum, guitarist and backup vocalist for The Know How, said although he joined the band after its last album, *HappyFunRobotKillTime*, he believes there was not much time to work on it.

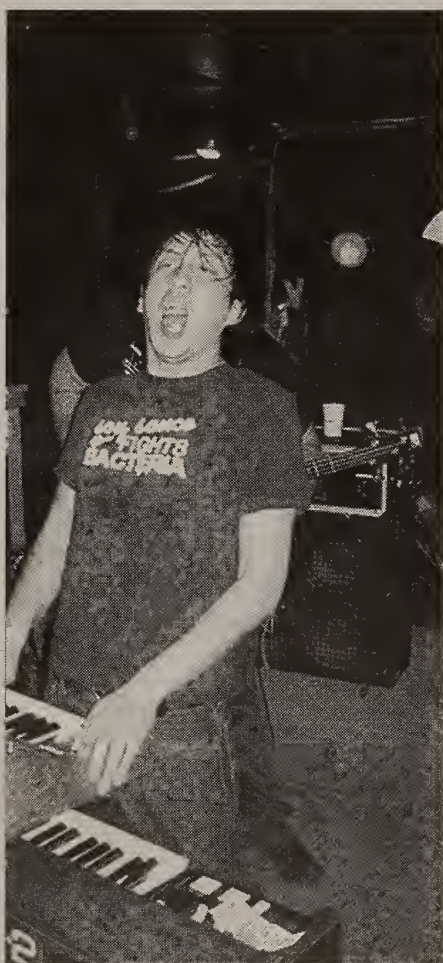
"From what I understand (the last album) took place over two weekends and everything was done," said Kestenbaum. "There was no time to go back and redo it if you didn't like it."

Kestenbaum said he believes the new album, which was recorded in Gainesville, is more polished.

"For this album, we went in, we wrote in the studio, we rewrote parts and we were able to take our time," he said. "We were able to listen to it and say 'I like that.' I actually re-recorded a lot of the guitar parts three months after the first sessions because I didn't like what I had done."

Stone said though the band's lyrics are positive, the songs are mostly about two things.

"It's always about girls," he said, "and the band, that's it."



(Photo by Brent Gerhart)

Alex Young, moog synthesizer player, sings along at The Shadow in Guelph.

Kestenbaum said fans appreciate the new songs, but sometimes prefer to hear the older, less played, songs.

"It's understandable because that's what the people have and it's what they know," he said. "But, it's really tough as a band to be put in that position because you want to be playing your new material because you like it so much better, it's newer it's fresher but everyone else has the old stuff."

Stone said he has already seen some fans sing along to a new song.

"A lot of times we'll hear kids singing along to our new song, *Fell For You*, which is on the Internet, and that's awesome," he said. "They can't buy it yet but they know the words."

Despite not playing in Toronto since 2003, Stone and Kestenbaum said some fans still remember The Know How.

"We saw some kids up there who already knew who we were," said Stone, "so hopefully it will be some good times."

Kestenbaum said he believes most of the Canadian crowd is unfamiliar with the band.

"It's tough coming to a new place and people don't know who you are," he said. "We try to win them over and I think we've done that so far."

Stone said he enjoys playing in Canada because the fans are more grateful for music.

"It's easy in the States to get jaded because there's constantly music every night of the week, he said. "In Gainesville, there are four shows every night and it's easy for people to take it for granted. But in Canada people will give everyone a chance, it's good."



(Photo by Brent Gerhart)

Skyler Stone, vocalist, said the band's new album *Now In Technicolor* is very different from previous recordings.

Stone said he likes the current situation of ska music.

"In '98 there were a lot of bands, but there were a lot of bad bands, and we haven't reached that point yet because not everyone wants to be in a ska band right now, they all want to be in emo or screamo or poppy bands," he said. "The ska bands that are doing it have been around and really work on their craft."

Kestenbaum said he believes since it

reached a low-point at the turn of the millennium, the ska scene is once again growing.

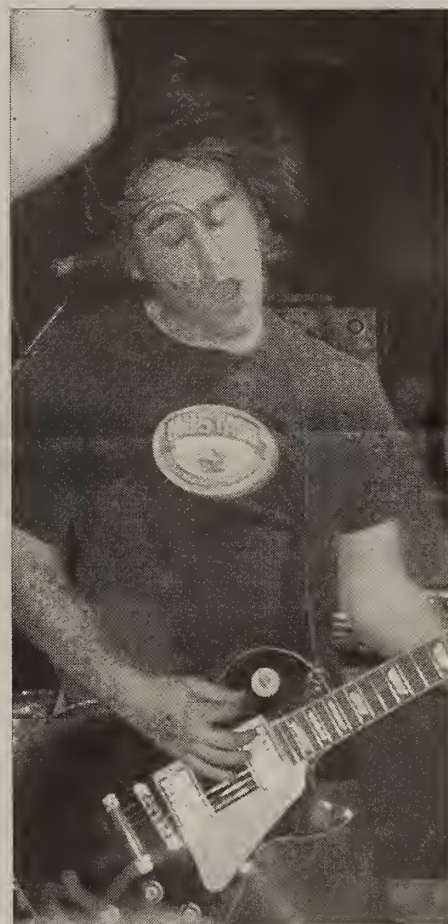
"It's not just the bands that are still around from that era, there's newer bands that are coming up and doing a lot," he said. "When you see bands around for over five years and they're still playing ska, you know they were doing it when nobody cared about ska."

Kestenbaum said all the band can ask for is for people to listen.

"We're just here to put on a good show, and we try to do that," he said. "If you like it, cool, and if you don't, hey, you gave us a shot."

Stone said The Know How is about making people feel good.

"We try to write songs that we enjoy and hope everyone else enjoys. Every night we do the best we can, like I'm sick but I'm still going to go up on stage and have a good time," he said. "Usually you can feel that the audience has the same mindset that it's going to be a good time. If you want to have a good time, we want to have a good time."



(Photo by Brent Gerhart)

Brian Kestenbaum, guitarist and backup vocalist, rocks out at the Cathedral in Toronto.

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Dr. Love is in the house

And he's got the answer for everyone but himself

By JASON SONSER

Call me a skeptic, but it seems Hollywood's romantic comedies of late are a mere regurgitation of former films. They have the same formulaic, predictable plot, just with different names and actors.

Hitch follows the pattern, but is saved by its star, Will Smith. The movie is a refreshing reminder of Smith's comedic ability, as well as one of the better Hollywood comedies out right now.

Alex Hitchins (Will Smith) is a consultant of love providing insight into how to sweep women off their feet.

He seems to know what women want, how to catch their attention and every step a guy should take to make their dream girl completely smitten.



Although Alex bent over backwards for a number of gentlemen during the movie, the plot revolved around the big and clumsy Albert (Kevin James) who seems awkward around the ladies.

Albert is an accountant who is head-over-heels infatuated with his boss, Allegra Cole (Amber Valletta). From dance lessons to kissing lessons, Alex enlightens the timid Albert on exactly how to win his boss's heart.



(Internet photo)

Alex Hitchins (Will Smith) advises his client Albert on how to sweep the woman of his dreams off her feet.

Anyone who hasn't directly worked with Alex Hitchins has absolutely no idea who he is or what he looks like. They only know of his work through rumours.

Alex's world comes undone when he meets gossip columnist Sarah (Eva Mendes), both not exactly looking for any sort of love themselves.

Trying hard to win over Sarah's heart, Alex faces the extremely difficult challenge of putting his own advice to good use and swooning her. A difficult task, indeed, as Sarah is a hard nut to crack who's deep into her work as a journalist.

Trying to keep his true identity as the popular date doctor a secret ultimately backfires.

As is true with most romantic comedies, as soon as Alex thinks he has an edge, Sarah discovers a secret and becomes furious with him.

Instead of helping men sweep their dream date off of their feet, Sarah believes Alex's work is to conspire with other men to break women's hearts.

As is typical of all Hollywood romantic comedies, all things work out in the end. Boy-meets-girl, boy-tries-to-get-girl, things fall apart, and boy-finally-gets-girl.

As for Albert and his boss Allegra, things pretty much work out in the same formulaic way.

What really sets this movie apart from the rest is the whole realization of how hard guys work to actually impress and get women they really like, and the various ways girls react. It's portrayed in a cute sort of way in which only a Will Smith comedy can.

Local hip hop artists help tsunami effort

By KATE BATTLER

When Will Makrigaini decided he wanted to do something to help those affected by the tsunami, one thing came to mind as the obvious choice, to put together a hip hop show.

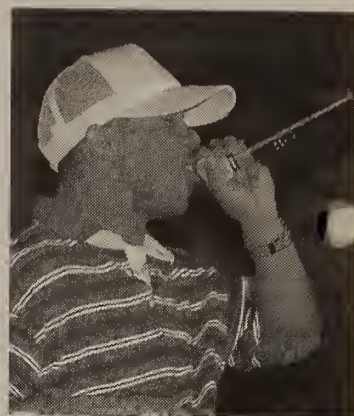
So that's what he did.

Makrigaini, better known as MadMak when he's on stage, started by contacting other local hip hop artists about putting together a show and there were many eager to help out.

Matt Medirous, Brandon Frank, Que-Da-Beat, Eyeris and Titus, who is frequently played on 91.5 The Beat, all signed up to be part of the benefit show.

The show went off without a hitch on Feb. 11 at the Doon Pioneer Park Community Centre as many family and friends of the artists came out to show their support.

Although the turnout wasn't as large as he was hoping, Makrigaini



(Photo by Kate Battler)

Titus performed at the Doon Pioneer Park Community Centre to help raise money for tsunami relief, Feb. 11.

was still happy that they were able to raise \$300 to donate.

"It may not be a lot but it's better than nothing and it will help someone in need."



(Photo by Kate Battler)

Will "MadMak" Makrigaini organized a tsunami fundraiser and was instrumental in getting acts such as Titus and Eyeris to perform Feb. 11.

COUNSELLOR'S CORNER: Finances

Are financial pressures creating stress for you? Is it difficult to concentrate on studying because you're not sure if you can pay the rent or buy groceries this month? There are a number of things you can do to help ease your financial worries.

If your financial situation has changed, check with the Financial Aid office to see if you can have your OSAP entitlement reassessed. They also have information on bursaries. The Conestoga College bursary is available to all students. There may be some other bursaries and scholarships available for students in specific programs. Scholarships and awards available for students in each program are listed in the Student Guide you received at the beginning of the school year. Information can also be found on the College Website.

Another way to relieve the pressure is through employment. Ask at the college's Student Employment Office (SCSB, Room 220) for help finding part-time work during the school year or contract work for the summer. Opportunities for employment may also be available at the college through the work/study program, including working as a peer tutor. Service clubs and churches may also provide support.

If you're having more immediate needs, Student Services can provide a limited number of grocery vouchers and provide access to the College/CSI-sponsored food bank.

If you would like to discuss any of these options or other ideas, please ask to speak with a counsellor in Student Services.

A Message from Student Services

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BATTLE OF THE BANDS 2005

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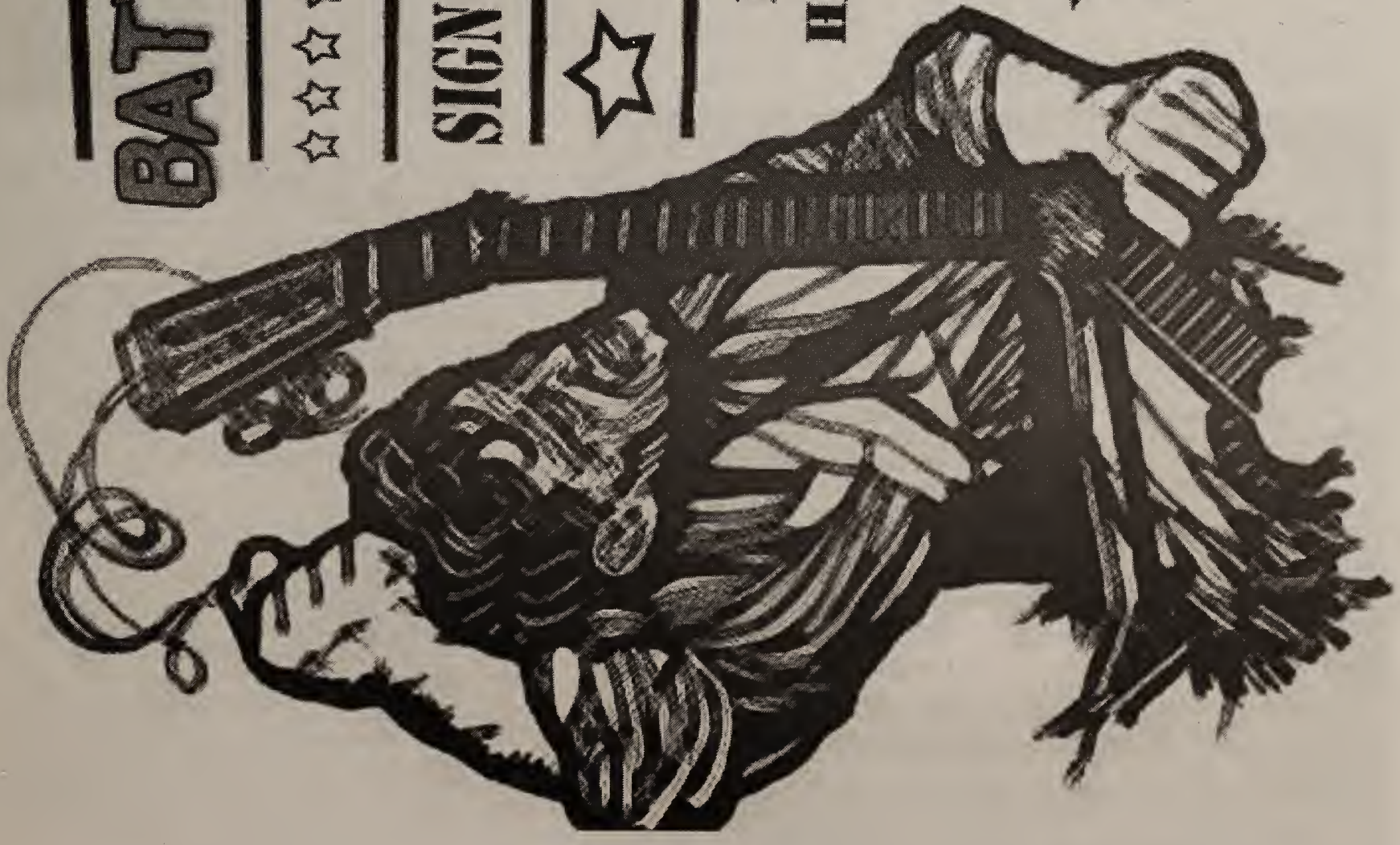
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(Internet photo)

Nickelback fired their drummer, Ryan Vikedal, replacing him with 3 Doors Down drummer Daniel Adair.

Battle of the rock drummers

By JON YANOFF

Picture the rock industry as a comic book.

Multi-platinum recording artist, 3 Doors Down (3DD), is the Superman of the rock industry, the good guys. They are powerful, loud and have symbolic and meaningful lyrics. 3DD has also supported U.S. troops by playing inspiring concerts for the soldiers fighting in Iraq.

Canada's Nickelback is the Kingpin, the bad guys. They have a hardcore sound with a front man (Chad Kroeger) who helps his band remain at an elite status.

On Jan. 3 Kroeger and the other band mates met at their tour manager's house where they fired their drummer, Ryan Vikedal.

Vikedal says on www.ultimate-guitar.com that his former band told him his heart wasn't in it and he wasn't quite the rock drummer they were looking for. It took them three albums, which had sales of 17 million, to come to that conclusion.

Nickelback then signed 3DD drummer Daniel Adair away from his band. The Vancouver native was on tour in support of the group's second album *Away from the Sun*. Adair also drums on 3DD's latest album *Seventeen Days*.

Former Puddle of Mudd drummer, Greg Upchurch, left his band to sign and start touring with 3DD.

Puddle of Mudd is currently without a drummer but



(Internet photo)

3 Doors Down was forced to find a new drummer.

the band won't be doing anything for a while anyway as their singer, Wes Scantlin, is in rehab.

The three bands toured together this past summer, so the swap between drummers made sense as each band was familiar with the other and their songs.

Musicians move from band to band all the time, so it isn't a big surprise that the moves between bands were made. However, the moves prove there is little loyalty, that the rock industry is all about money, and for a price, bands will do anything to get what they want.

Band's CD great followup

By JON YANOFF

Catchy hit singles and upbeat rock ballads have consistently made 3 Doors Down (3DD) a success.

Hailing from the small town of Escatawpa, Miss., 3 Doors Down first made it big after popular live shows led to a record deal with Republic Records as their smash single, *Kryptonite*, carried the band to multi-platinum status. Their debut album *The Better Life* and their sophomore record *Away from the Sun* were both certified multi-platinum.

What is next for the Mississippi quartet? Well, Brad Arnold (vocals), Matt Roberts (lead guitars), Chris Henderson (lead guitars), and Todd Harrell (bass guitar), along with newly signed drummer (former Puddle of Mudd stick-man), Greg Upchurch, will be busy touring the U.S. and Europe promoting their new album *Seventeen Days*.

The name *Seventeen Days* simply comes from the number of days it took the band to write their album. It takes the average band six months.

Harrell says on the MTV website that the band finished their tour on July 31, and they wanted to get the new album out by the beginning of 2005. So, they got to work and wrote all the songs for the album in just 17 days.

There was also a lot of pressure writing the album given that about a year ago 3DD's managers made a deal with Wal-Mart, which guaranteed the store a large buy-in for the album. The deal also gives 3DD plenty of exposure through the company.

The release date of Feb. 8 was then set in stone. This pressured the band to produce another multi-platinum album. Pop and rock fans alike will definitely not be disappointed.

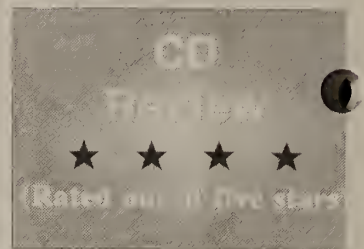
Fans of 3DD were led to believe the album might sound too hard rock, because of producer Johnny K, who produced the last *Disturbed* album.

But fans won't hear a difference as the album has 12 tracks full of solid rock riffs, inspiring heart-felt lyrics and smooth mellow ballads that should further create their identity.

The first single off the album, *Let Me Go*, is a strong tune and should hit number 1 on most music charts. However, this song sounds a lot like their previous releases and listeners shouldn't be fooled by its mellow beat because the remainder of the album has shades of bold rock, which couldn't be found on the band's last album.

For instance the track *Live for Today* has an explosive lyrical output by Arnold, who really gives his heart and soul when recording this song. The track definitely has potential to be a single and would give a harder release to an otherwise soft string of their radio repertoire.

The track that might strike a chord in the heart of some listeners is *Be Somebody*, which touches on parents' relationships with their



children. When Arnold belts out "Don't you know me, I won't ever let you down," this really turns something inside my stomach because it's like I've been in the same situation as the song illustrates. My mom worries herself and this song stirs my soul reminding me that I'm living my own life as my own person and won't ever let her down. This track should make it to the airwaves and will hit souls as it did mine. The only negative about this song is the beginning guitar riff which sounds similar to Nirvana's *Rape Me*, but that just produces tidbits of 3DD's '90s grunge influence.

Another solid mellow track is *Landing in London* which deals with loving someone when being away for a long period of time. With strong lyrical empathy and cameo voice presence by America rock icon, Bob Seger, this track touches the souls of people who miss somebody who they haven't seen for a period of time.



(Internet photo)

It took 3 Doors Down 17 days to write their new album.

College students who live far from home should be able to relate to the song.

Other songs on the album that colour in the shade of a heavy rock sound can be seen in *Right Where I Belong*, *Behind Those Eyes*, *Never Will I Break* and *My World*. These tracks will surely enlighten fans of Audioslave and Velvet Revolver and may help set a few more records for 3DD.

The only song some fans may recognize is *It's Not Me*, which also appears on their live album, *Another 700 Miles*.

The CD comes to a soft and remorseful end with the light and familiar sounding *Here by Me*. Even the title sounds similar to the number 1 single *Here Without You* which appears on the album *Away from the Sun*. The acoustic melody makes it a humble and uplifting track, but it sounds like it was written for a country singer.

All negatives aside, this is a great followup to *Away from the Sun* and it should continue 3DD down the path as a multi-platinum recording artist.

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NHL turns out the lights

By BRENT GERHART

Due to the inability to put together a new Collective Bargaining Agreement (CBA), on Feb. 16 National Hockey League (NHL) commissioner Gary Bettman did the inevitable and officially cancelled the 2004-'05 season.

Although the announcement was hockey fan's worst fear, it did not come as a surprise as the lock-out reached its 154 day of work stoppage.

As of Sept. 15, when the lockout officially began, the NHL and NHLPA (NHL Players' Association) had met on about 20 separate occasions. However, besides the NHLPA offering a \$52-million salary cap at a Feb. 14 secret meeting in Niagara Falls, N.Y., neither side changed its negotiation philosophy and talks lacked progress.

The NHLPA's salary cap offer was made by NHLPA senior director Ted Saskin, who was counter-

ing a \$40-million cap offer from the NHL executive vice-president and chief legal officer Bill Daly.

The final group meeting between the two sides came in Washington, D.C., on Feb. 13. The meeting lasted about five hours and involved Daly, league outside counsel Bob Battersman as well as Saskin and union outside counsel John McCambridge and the U.S. Federal Mediation and Conciliation Service (FMCS).

The meeting, which did not involve NHLPA executive director Bob Goodenow or Bettman, was the third time the two sides had met with the FMCS over the past two years.

Aside from the final meeting, fans felt many other glimmers of false hope when talks were suddenly rejuvenated on several occasions.

The most evident of false hopes may have come with the Jan. 19 and 20 meetings in Chicago and Toronto.

Trevor Linden, NHLPA president

and veteran Vancouver Canucks forward, called a small group meeting between himself, McCambridge, NHLPA senior director Ted Saskin and Daly, Battersman and Calgary Flames part-owner Harley Hotchkiss.

Unfortunately, the two days of talks may have been the only display of positive progress between the two sides, as no deal was formed.

About 10 more critical days of events followed the January meetings, but it was the same old story for the NHL and the NHLPA.

Throughout all discussions and false hopes, on Dec. 9, the NHLPA was the first side to offer a proposal for a new CBA.

The NHLPA's proposal was highlighted by "an overall market deflator," which rolled back all current contracts by 24 per cent and would have saved teams such as Dallas and Colorado almost \$13 million this season.

On Dec. 14, the NHL rejected and countered the NHLPA's proposal.

The NHL's proposal offered a rollback which meant higher paid players would have a greater percentage taken from their salary. Depending on their market value, players' salaries could have decreased 15, 20, 24, 30 or 35 per cent or not at all.

Despite the NHL's attempt to use the NHLPA's proposal as a guideline for their counteroffer, the NHL still demanded a salary cap, something the NHLPA would not agree on at the time.

The NHL had another CBA proposal rejected on Feb. 2 and made one last attempt on Feb. 9, but that was also received negatively.

The Feb. 9 offer included many of the proposals in the NHLPA's Dec. 9 offer, but the NHLPA was not satisfied with the "four triggers" deciding the fate of the deal.

The triggers are:

- If the league pays out more than 55 per cent of its revenues in salaries.

- If any three teams have a payroll of more than \$42 million US.

- If the average payroll of the three highest-spending teams is more than 33 per cent higher than the average of the three lowest spending teams.

- If average team's compensation exceeds \$36.5 million.

The deal would initially begin as a luxury tax but if the "triggers" did not work, a salary cap would have been implemented.

Although the offer used much of the NHLPA's groundwork, due to the shortened season and the almost certain loss of revenue, the offer was rejected, and so were much of the hopes of a last-minute season.

Had the offer been accepted, a 28-game regular season was to begin later this month and the normal NHL playoff format would have followed.

Last season, the NHL claimed its teams lost \$224 million and lost \$123 million from the 2002-'03 season, according to Forbes Magazine.

At the time of the season's cancellation on Feb. 16, the NHL lost 834 of its 1,230 regular-season games.

The NHL is the first of the four major sports in North America to cancel an entire season without playing a game.

Horoscope

Week of Feb. 21, 2005



Aries

March 21 - April 19



Some things you have said recently you wish you could return. But you've lost the receipt and you can't turn back the clock. Best thing to do now is apologize, plain and simple.



Libra

September 23 - October 22



Reading week is just around the corner and you need some time off. Stress is weighing heavily on your mind and you need some rest and relaxation.



Taurus

April 20 - May 20

If you are repressing your feelings and suffering from denial, please don't. Get your emotions out there and clear your head. You need to stand and soak in what's around you, not shut it out.



Scorpio

October 23 - November 21

If it ain't broke don't fix it, just buy a new one. It's that kind of capitalist attitude that will land you into bankruptcy. Try giving your stuff a second chance rather than disposing of everything.



Gemini

May 21 - June 21

You're faced with a deal breaker and everything you stand for is on the line. Stick to your guns and remain loyal to your convictions as this time there will be no reconciliation.



Sagittarius

November 22 - December 21

You need space and room to grow. You have access to the tools you need to work smarter and get ahead; all you need to do is make that connection.



Cancer

June 22 - July 22

You have an elegant and civilized sense of relationships but can sometimes get overwhelmed trying to please too many. Be happy with yourself before concerning yourself with others.



Capricorn

December 22 - January 19

Being proud isn't such a big thing. It's good to acknowledge your accomplishments and congratulate yourself. Be wary of becoming arrogant as most people find this irritating.



Leo

July 23 - August 22

So you had a party for two, just like Shania Twain and Mark McGrath. Now the party's over and there's plenty of clean up to do. Parties are fun until you have to snap back to reality.



Aquarius

January 20 - February 18

Happily ever after is in the cards for you, you just need to cut the deck. It won't be luck that directs you to a blissful future, rather your swift wittedness and upstanding character.



Virgo

August 23 - September 22

After a long and arduous time waiting you will finally come together with the love of your life. Just like Charles and Camilla the time is right and you will live happily ever after.



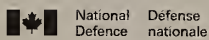
Pisces

February 19 - March 20

Don't let go of your beauty. Keep it close and let it shine through your every movement and breath. You have been down, but you are certainly not out. Stay optimistic and you'll always feel good about yourself.



Janet Morris is a 2nd-year journalism student in tune with the universe.



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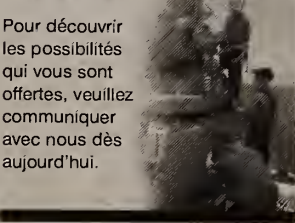
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Canada

Vibrant exhibit brightens winter days

And it is only a short walk from the college's Doon campus.

By JENNIFER ORMSTON

The latest exhibit to adorn the walls of the Homer Watson House and Gallery will impress even the most critical art aficionados.

The highlight of the winter exhibition, which includes pieces by three artists, is that each painter is extremely unique in the medium they've used, ranging from egg tempera to digital photography, said Tiffani Tyo, the gallery's exhibition curator.

"Viewers should not expect the norm of walking into the gallery and seeing a watercolour or pottery show. Instead, there are different media that we rarely show here so it is a special experience."

In the main gallery, visitors will be overwhelmed by Brigitte Nowak's bright and vibrant paintings, which were done using egg tempera.

This method of painting mixes original pigments with egg yolks, which, according to Tyo, is the reason Nowak's pieces possess a distinct lustre.

"This technique is rarely used because as soon as you apply it to the panel boards, it is soaked up quickly making it hard to work with."

One wall is lined with a series of impressive paintings that depict a girl swimming underwater; the rippling waves that cascade over her naked body as she glides through the water have a true-to-life quality.

In one of the two smaller rooms are Kelly Borgers' digital photos, which she printed onto larger canvases and then painted pictures around.

"She blends her colours together so you can just barely see where the actual photo begins and ends."

In the other room there are vivid abstract oil paintings by Glenn G. Smith, one of the gallery's former artists in residence.

According to Tyo, these luminous



(Photo by Jennifer Ormston)

Tiffani Tyo, exhibition curator at the Homer Watson House and Gallery, says Brigitte Nowak's underwater series is her favourite in the show. "It just flows really well," she said. The pieces in this series cost \$1,500 each.

works reveal Smith's perceptions of lights and shadows.

Conestoga College students should visit this show because in addition to its idiosyncratic nature, it is also sure to brighten one's day, said Tyo.

"We wanted (pieces) that are reminiscent of spring or summer so when people come in during the dreary month of February, they are

able to picture what it's going to be like in the next couple of months."

Also, students are likely unfamiliar with egg tempera or the new series with the digital photography, she said.

"It is an unique experience to be able to see how Borgers incorporates digital into her paintings, especially since digital is the up-and-coming thing."

All the pieces in the winter exhibition are for sale and range in price from \$120 to \$1,800.

After this show, which runs until March 6, the gallery will present its spring exhibition; in the main gallery, 30 selected artists from the Canadian Society of Painters in Watercolour will be on display and artist Marion Anderson will show her watercolours in the

other two rooms.

The gallery is conveniently located near the college's Doon campus, at 1754 Old Mill Rd., and is open Tuesdays to Sundays from 12 to 4:30 p.m. Admission is a suggested \$3 donation.

To find out more about the Homer Watson House and Gallery, visit its website at www.homerwatson.on.ca or call 748-4377.



(Photo by Jennifer Ormston)

Glenn G. Smith's oil abstract painting, titled Chameleon, hangs above the fireplace in one of the exhibit rooms. It cost \$1,050.



(Photo by Jennifer Ormston)

A Postcard Day depicts a scene on Lake Opeongo, Algonquin Park. Artist Kelly Borgers took a digital photo of a canoe, in the framed area, and painted a scene around it. This piece costs \$575.